

Get over yourself...(Coming out of your comfort zone)

**2 Timothy 1:1-7**

1 Paul, an apostle of Jesus Christ by the will of God, according to the promise of life which is in Christ Jesus,

2 To Timothy, a beloved son:

Grace, mercy, and peace from God the Father and Christ Jesus our Lord.

3 I thank God, whom I serve with a pure conscience, as my forefathers did, as without ceasing I remember you in my prayers night and day, 4 greatly desiring to see you, being mindful of your tears, that I may be filled with joy, 5 **when I call to remembrance the genuine faith that is in you**, which dwelt first in your grandmother Lois and your mother Eunice, and I am persuaded is in you also. 6 Therefore I remind you to **stir up the gift of God which is in you** through the laying on of my hands. 7 For **God has not given us a spirit of fear, but of power and of love and of a sound mind.**

We see Paul, encouraging Timothy here...

- Encouraging him to walk in the calling on his life
- And walk bold in the power of The Holy Spirit!!

It seems in this passage that Timothy, a Spiritual son of Paul's, a disciple, a protégé...

Yet he is also someone who is uncomfortable operating within his calling and his gifts....

Paul, having Spiritual discernment, realizes that in his present state, Timothy would never live up to his potential; Never fulfil the call on his life...

- **Which in effect would limit his effectiveness for the Kingdom of God!!**

Paul had to convince him that he was capable and equipped to do what God had designed him for, and had to convince him to overcome his insecurities!!

Basically, Paul was telling Timothy:

- **Get over yourself!!**

Each of us...although it may be unintentional... put limitations on what we will allow God to do through our lives....

It may be because of

- Concern of what other people will think of you...
- Traditional mindset....
- Perhaps it's concern about your own self- image...

In fact, when you do this, **you put up a spiritual wall,**

- Preventing yourself from entering into these places God may use you...
- You can't allow God into our "personal space"...
- You can't come out of our comfort zones!!!
- You have to "**Get over yourself**"

That's what I want to convince you to do today...

- Take down those walls!!!
- Come out of your comfort zone

Discover the areas that God wants to use you that you may otherwise never experience...

Maybe it's cultural (I originally said geographical, but let's be honest)  
Nobody wanted to go to Samaria, but Jesus knew there was a need for him there...

**The Jews didn't like the Samaritans ...**

- They were inter-racial and had different religious beliefs

Maybe it's an area of your community...you really don't want to go into...

- What if that's exactly the place God wants to use you?
- What if those are the people God wants you to minister to?
- Maybe that's a little outside your comfort zone...
- **You have to get over yourself!!**

Jonah did everything he could to keep from going to Nineveh

- That wasn't where he wanted to be....
- But it was exactly where God wanted to use him
- He didn't like these people...
- He had to get over himself!!!
- He had to come out of his comfort zone

Moses didn't like to speak in front of crowds...

- **What did God do...**
- **He told Moses I want to use your voice**

God gave him Aaron as a mouthpiece....

- But if you read the Bible, it was Moses we see speaking in front of the crowds...
- **I guess he got over himself...**

Are you that person who says “I don’t want to be up front”?

- I’m too shy to speak in front of people...
- **God did not give you a spirit of fear... which means “timidity”...**
- God has made you to be bold!!!
- **Get over yourself!!!**
- Come out of your comfort zone!!!

**King David is the best example in The Bible of someone who didn’t worry about what anybody thought and went all in for God!!**

### II Samuel 6:13-14

“And so it was, when those bearing the ark of the LORD had gone six paces, that he sacrificed oxen and fatted sheep. Then **David danced before the LORD with all his might**; and David was **wearing a linen ephod**.

### 6: 20-22

Then David returned to bless his household. And Michal the daughter of Saul came out to meet David, and said, “How glorious was the king of Israel today, uncovering himself today in the eyes of the maids of his servants, as one of the base fellows shamelessly uncovers himself!” So David said to Michal, “It was before the LORD, who chose me instead of your father and all his house, to appoint me ruler over the people of the LORD, over Israel. Therefore I will play music before the LORD. **And I will be even more undignified than this, and will be humble in my own sight**. But as for the maidservants of whom you have spoken, by them I will be held in honor.””

**David had to get over himself!!**

- It was all about God, and not about him!!

**He danced before The Lord, not as a king,**

- But as a child of God who greatly loved his Father

**He worshipped with all his might, he didn’t hold back**

- **He came out of his comfort zone!!!**

**Here’s an important note....**

- David was in a linen ephod (basically a tee shirt)
- David had to shed those outer garments...
- He had to shed the persona of who he was...

**He had to come out from under the identity of**

- **Giant Killer**
- **War Hero**
- **King**

He had to get to the level of

- “Here I am Lord....just me...just David...”
- “I’m here to do whatever you would have me do”!!!

God may be taking notice of that one area in your life where you are holding back...

- **And that’s exactly what He will call on you to use...**

He will bring you out of the comfort zone and place you where He can use you

As long as you are holding on to those areas of insecurity in your life;

- You have not completely surrendered to God!!
- **Get over yourself...**
- **And give it to God!!!**

### **Closing:**

God has not given you a Spirit of fear...Timidity....

He has given you

- Power
- Love
- Sound mind

Where are you holding back?

What’s your comfort zone that you don’t want to come out of?

Are you ready to step out and do what God needs you to do?

- Go where He wants you to go
- Pray for who He want you to pray for
- Speak to those He would have you speak to

**Why don’t you just Get Over Yourself!!**

- Come down to an altar today and say
- Here I am God, I’m ready!!